



# RETINA CENTERS

MEDICAL AND SURGICAL DISEASE OF THE RETINA, VITREOUS AND MACULA  
OCULAR ONCOLOGY, IMMUNOLOGY, AND UVEITIS - CLINICAL TRIALS

George S. Novalis, M.D., F.A.C.S.  
Martin A. Worrall, M.D., F.A.C.S.

Ryan K. Wong, M.D.  
Shree K. Kurup, M.D., F.A.C.P.

## DEAR PATIENT:

- **WELCOME TO OUR OFFICE:** Dr. Novalis, Dr. Worrall, Dr. Wong and Dr. Kurup are **BOARD CERTIFIED** eye physicians/surgeons specializing in problems affecting the retina (the back part of the eye). Dr. Novalis established the first Retina Center in Southern Arizona in 1974. Our physicians/staff are bilingual.
- **REFERRALS:** If you belong to a Health Maintenance Organization, **you are responsible** for bringing your referral with you at the time of your visit.
- **COPAYS** are due at the time of your visit.
- **ITEMS TO BRING:** Please bring your completed forms, **picture ID** (eg: driver's license), health insurance cards, a list of all your prescription medications, **a driver**, and dark glasses with you at the time of your visit.
- **APPOINTMENT TIME:** Your appointment allows time necessary for records processing, pupil dilation, and examination. Please plan to spend about 1 to 1 1/2 hours with us during your visit, possibly longer if diagnostic studies or treatment are needed.
- **PUPIL DILATION:** It will be necessary to dilate your pupils for retinal examination. This may result in blurred vision for the rest of the day (occasionally longer). Plan to bring a **DRIVER** with you for your appointment, as it may not be safe for you to drive home.
- **VISITORS:** Due to the length of your visit, limited waiting room space, and the fact that delicate procedures/surgeries are being performed in the office, we ask that you **BRING ONLY ONE PERSON (A DRIVER)**.

**PLEASE DO NOT BRING CHILDREN OR OTHER PEOPLE TO YOUR APPOINTMENT**

- **SMOKING:** Please do not smoke for one hour before, or during your appointment. Smoking can affect your exam and studies.
- **FOOD AND DRINK** are **PROHIBITED** in the office **except for water**.
- **CELL PHONES:** Please **TURN OFF** your cell phone while in the office.
- **ILLNESS:** If you are ill, we prefer that you **reschedule** your appointment so our other patients and staff are not exposed. We will be glad to reschedule your appointment on a priority basis as soon as you are feeling well.
- **CANCELLATIONS:** Please be aware of our new cancellation policy beginning December 1, 2012. We require 24 hours notice for all cancelled appointments or you may be subject to a cancellation fee of \$25.
- **PUBLIC TRANSPORTATION:**
  - Northwest office:** Off Oracle, one block north of Orange Grove, on **Suntran** bus route #16.
  - East office:** Off Grant east of Swan, in Tucson Medical Park, on **Suntran** bus route #9.
  - Southwest office:** On St. Mary's Road, west of Siverbell Road; **Suntran** bus route #3.
- **GLAUCOMA PATIENTS ONLY:** Please **DO NOT use Pilocarpine drops** (in either eye) on the day of your visit. These drops limit pupil dilation.
- **THANK YOU FOR YOUR CONSIDERATION.**

Patient Name: \_\_\_\_\_ Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**CENTRAL APPOINTMENTS: (520) 742-7444 1 (800) 535-2484**

fax: (520) 297-2267

e-mail : info@retinacenterspc.com

Northwest Med/Admin Offices: 6585 N. Oracle Rd 85704 Southwest: 1701 W. St. Mary's Rd., Suite 111 85745

East: 2375 N. Wyatt Dr., Suite 103 85712

Green Valley: 1151 S. La Cañada Suite 200 85614